



Induction and Reinduction Handout

Welcome to Your Recovery Journey

Welcome to Compass Clinic! Our goal is to support you in your recovery journey. This handout will guide you through the induction and reinduction process for buprenorphine treatment, ensuring your safety and comfort.

Importance of Proper Induction and Reinduction

Inductions are for new patients, while reinductions are necessary if you miss your appointment by 3 or more days. Properly following these steps is crucial to avoid precipitated withdrawal, which can be severe, especially due to the presence of fentanyl in non-pharmacy-obtained pills.

What is Precipitated Withdrawal?

Precipitated withdrawal occurs when buprenorphine displaces other opioids from their receptors too quickly, causing sudden withdrawal symptoms. It's a timing issue, not a medication allergy. Recognizing and preventing precipitated withdrawal is essential.

Signs and Symptoms of Precipitated Withdrawal

- Nausea and vomiting
 - Diarrhea
 - Anxiety and irritability
 - Muscle aches
 - Sweating
 - Insomnia
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Recommended Wait Times Before Starting Buprenorphine

- Short-acting opioids: 24 hours
- Long-acting opioids: 48 hours
- Fentanyl: 48-72 hours

Signs and Symptoms of Full Withdrawal

Before starting buprenorphine, ensure you are in full withdrawal to reduce the risk of precipitated withdrawal. Look for the following signs and symptoms:

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- Intense craving for opioids
 - Restlessness or agitation
 - Nausea or vomiting
 - Yawning and tearing
 - Diarrhea
 - Runny nose
 - Muscle and bone pain
 - Goosebumps
 - Increased sweating
 - Enlarged pupils
 - Anxiety or irritability
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Induction and Reinduction Steps

Initial Test Dose:

- Administer a small test dose as directed (usually 2 mg or 4 mg depending on the case) only after receiving authorization at the recommended time after your last opioid use.
- Wait for 1 hour and monitor your symptoms.

Monitoring:

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- If you're in the clinic, we will evaluate your symptoms face-to-face.
- If at home, call or text us **before and after** each test dose. If it's late at night, text us or leave a voicemail before and after administering each test dose.

Second and Third Test Doses:

- Depending on your response, a second and third test dose may be given at 1-2 hour intervals.
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Day 2: Establishing Your Dose

On Day 2, you should start at your last comfortable dose from Day 1. For example, if you took 4 mg for your first dose and another 4 mg for your second test dose, you should start at 8 mg on Day 2. Do not adjust your dose without discussing it with the staff first.

How to Take the Medication

- Put the film or tablet under your tongue. Keep it there. If you swallow, buprenorphine will not work. The medicine is best absorbed through the thin skin on the bottom of your tongue.
 - Do not eat, drink, or smoke while the tablet or film is dissolving under your tongue, and try not to talk during this time.
 - Wait at least 10 minutes AFTER it has dissolved to eat, drink, or smoke.
 - It takes 20-45 minutes for the medication to be absorbed and have an effect. Feel better? Good, the medicine is working. Still feel lousy after 45 minutes? Don't worry, you may just need more medication.
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Healing Starts Here

Safe,
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Important Reminders

- Do not take medication before contacting and discussing with our staff directly prior to starting the induction or reinduction.
- Call or text us before and after each test dose.
- For late-night inductions, text us or leave a voicemail before and after each test dose.
- Take your medication as prescribed. Never take more than what your doctor has instructed.
- Don't eat, drink, or smoke while the medication is dissolving under your tongue. Wait at least 10 minutes AFTER it has dissolved to eat, drink, or smoke.
- Except during induction, always take your medication once daily. Do not split your dose.
- Do not share this medication with anyone.
- Keep this medication in a safe place at home. Do not bring it with you when you leave the house, and do not keep it in your car.
- It is dangerous to mix buprenorphine with alcohol, sleeping pills, benzodiazepines, or other sedatives.
- Come back to your next clinic appointment in one week.
- Always communicate. We are here to help.





You Have Made the Right Choice

Your decision to start buprenorphine treatment is a significant step towards a healthier, happier life. Buprenorphine can save lives, giving you a new lease on life and positively impacting your family and friends. We're here to support you every step of the way.

Contact Information

 **Oklahoma: (405) 445-0869 (Call or Text)**

 **Texas: (972) 893-3368 (Call or Text)**

 **Ozarks: (417) 553-3550 (Call or Text)**

 compassclinic.net

We look forward to helping you achieve your recovery goals. Please reach out if you have any questions or need assistance.

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